

**3 NATURAL SECRETS A
NIGERIAN HOUSE WIFE
USED TO GET HER
HUSBAND BACK FROM
SLAY QUEENS WHO
ALMOST DESTROYED HER 5
YEAR OLD MARRIAGE AND
SUCKED HER HUSBAND
DRY.**

Thank you for downloading this eBook my name is Yemisi Dada and I almost lost my 10 year marriage to one 23 year old slay queen because my husband said my vagina was too loose.

I met my husband when I was 22 years old while he was 26 years old and I fell hard and fast in love with him. I guess he felt the same way and so we started dating and all. We got married and then I started having kids.

I got pregnant and had our son at 24 and I had a lot of tears that was sown badly by the wicked doctor that took delivery of my baby. After a while we resumed having sex and then I couldn't feel my husband inside me. One day after having sex my husband told me that my vagina was as wide as Lagos-Ibadan expressway. I was so hurt and I cried for days. After the birth I realized that I had put on weight and I think the weight even compounded my "Lagos-Ibadan vagina" situation.

One year later I found out he had a mistress i was devastated. He told me that he liked his mistress and he wasn't leaving his 23 year old slay queen because at least her ponyor is not as wide as Lagos-Ibadan express way.

These slay queens use a lot of things to trap other people's husbands from using products from Jaaruma that cost an arm and a leg just because they know they would get something more than the money they have spent to get the product.

In my quest to find solution to my wide vagina I came across a lot of home remedies some worked and some didn't. Here is a list of 3 things you can do to get your vagina tight again like a virgin.

When the vagina is loose it is the pelvic floor muscle that is loose and not the vagina itself. It is important to target the correct area when trying to tighten the vagina.

1. Exercises or Yoga- the exercise where you put your leg up and after some time you raise the other leg also called "leg up" exercise helps to tighten the vagina wall muscle because they work on the pelvic floor muscle and core muscles which together will keep your pelvic floor muscles tighter for longer.
2. A healthy diet- to keep the muscles of your body especially your vagina tight you need not only exercise but a healthy diet. So ensure you get a healthy diet full of whole grain, organic carbohydrates, organic fruits and vegetables if you wish to keep your vagina muscle healthy and strong.
3. Multiple orgasms- when you have orgasm it is actually your pelvic floor muscle contracting. So the more you orgasm the more you start toning up your pelvic floor muscle. As your pelvic floor muscle becomes stronger so will your orgasms.

In my research to find a solution I found some remedies that I would not like to try like using aloe vera juice which I wouldn't advice. I tried some of these recommendations and it worked but it took very long to

see results. I didn't have that time because my husband was seeing the 23 year old slay queen so I had to get my vagina tighter very fast.

Look out for message in your messenger tomorrow as I reveal what I used that tightened my vagina like that of a virgin.